

Matters of Life and Death.

Perhaps there's nothing like some significant deaths to make us remember how precious, and fleeting, this gift of life is. The passing of Phyllis Furumoto and Wanja Twan during 2019 marks the end of an era in my world of Reiki; Phyllis as a teacher and friend, and Wanja as my lineage connection with Usui.



Rick, Phyllis, Mrs Takata & Wanja – circa 1979



Phyllis (middle) elected Lineage Bearer – Hawaii – 1982

It's interesting to contemplate the excitement those early Reiki Masters' must have felt, encouraged and stimulated by Mrs Takata's 40 years of Reiki practice. Phyllis wrote about their optimism when that group met in Hawaii, and perhaps, how naively they looked to the future, not knowing that from its humble beginnings, Reiki would become such a world-wide practice.



Phyllis Furumoto

Born in 1948, Phyllis was introduced to Reiki by her grand-mother Mrs Takata. She completed her master training in 1979. After being elected as Lineage Bearer in 1982, Phyllis travelled the world for nearly 40 years teaching the 'Takata' form of Reiki. Following an eight year battle with cancer, Phyllis died on 31st March, 2019



Born in Sweden in 1934, Wanja Twan moved to Canada in the 1950's. In 1978 she met Mrs Takata and completed her Reiki Master training in 1979. She then travelled around the world teaching Reiki, including in Australia in 1985 where she taught Greg Williamson (my Master teacher). She died on the 3rd of September 2019.

I met Phyllis in 1992 at her first 'Student Gathering' in Perth, I wanted to be the best teacher I could be and attended five more programs over the following years. Sometimes our relationship was a little turbulent as there were elements of her and the teachings I found difficult; in retrospect, they were mostly my issues. We ended up friends, not close friends, but friends. I only ever met Wanja once, by the time I had become a master – a part of her lineage - she had basically stopped teaching in Australia and only visited some of her students occasionally. She had a special Indian meditation teacher and that provided a firm basis for our simple connection. From all accounts, she was a remarkable person who lived an extraordinary life.



Enjoying lunch with Phyllis & Toni, Glastonbury UK, 2014



Reiki classes for staff at Barbery Ayurvedic Resort, Sri Lanka

And life continues. This has been another busy and satisfying year for me, I expect 2020 will be also.

And what of 2020 ?



Perhaps two of the greatest influences for 2020 will be from these two Reiki world leaders:

1. In what directions will the new Usui Shiki Ryoho Lineage Bearer – Johannes Reindl – take the Takata form ? How will he manage his new position? Will he review/reform Takata's teachings? Would he visit Australia? and
2. What effect will Frank Arjava Petter – vice director of Jikiden Reiki – one of the original Japanese forms of Reiki - have on WA's Reiki practitioners when he visits in Nov/Dec? Will he provide a pathway to the spiritual heart of Reiki that some say was lost in Reiki's transition to the West ?

Once again I'm intending to create the best possible balance between my private and public life; trekking in Nepal in Apr, visiting Zimbabwe in Sept. I'll provide the following classes and will respond to requests for additional classes. If re-elected, I'll continue on the committee of the Reiki Association (WA) and participate in some of their volunteering activities.

Expecting the unexpected, some programs/events may change, so please check with me as the year progresses.

These are some of the programs scheduled for 2020

Reiki 1 : Jan 18 & 19, Feb 22 & 23, Mar 28 & 29, May 9 & 10, Jun 13 & 14, Jul 18 & 19, Aug 22 & 23,
Oct 3 & 4, Nov 7 & 8 and Dec 19 & 20. *daily 9am to 4.30pm – class fee \$250**

Reiki 2 : Jan 25 & 26, Mar 7 & 8, May 2 & 3, Jun 20 & 21, Aug 15 & 16, Oct 17 & 18 and Nov 21 & 22.
*1pm to 4.30pm Sat & 9am to 4.30pm Sun – class fee \$300**

* (discount for students & concession card holders)

Reviews- these provide the opportunity to return, ask questions, and to deepen your practice:

Reiki - 7th March & 15th Aug. (No cost) Reiki 2 – 2nd May & 17th Oct (No cost)

Note – Reviews run from 10am to 12.30pm. Please let me know if you are attending,

Overseas Classes – When invited, I'm happy to provide classes/events overseas; enquiries welcomed.

Residential Retreat – a whole weekend of Reiki treatments and relaxation, plus stimulating activities.

Mar 20, 21 & 22.; beachside villas at Shoalwater.

Cost \$200, limited places, pre-booking essential.

Flyer & Program available late Jan, please contact to register your interest.

Reiki Day - The 26th Annual Reiki get-together, June 28th. Program and registrations available mid-May. Cost \$50.

Reiki Clinic - Solaris Cancer Care – Wanslea, Cottesloe - last Sat of each month: treatments from
12 noon, refreshments, then structured teaching or meeting session from 2.30 to 4pm.

Reiki Healing Line - This network of Reiki 2 practitioners sends Reiki to people in need. Please contact me for their assistance, or if you would like to participate by joining the line.
This is a great Reiki service.

Treatments – 1 hour treatments provided on request, cost \$50. A/H and weekend times may also be arranged.

Introductory Treatment Special – Give your friends a first experience of Reiki, 1 hour @ \$30.

Gift Vouchers – For classes or treatments - available on request.

Voluntary Reiki – Practitioners will be invited to participate in a number of events throughout the year.

This is a wonderful opportunity to contribute to a diverse range of people and organisations. Email updates will advise prospective events and opportunities.

Thank you for your referrals, recommendations and postings on social media, this supports me in my practice and teaching. As we all know, personal recommendations are the best form of advertising, please promote my teaching & treatments.

Finally, should you require any assistance with your practice, please contact me.

With love and great respect,

Roger